

“Connect To Your Wellness”

Beliefs of the Heart and Circulatory System

Below is a list of beliefs that may be stored in your body that may be causing an imbalance of the energy flow in your heart and circulatory system.

It is safe for me to allow people to love me.

It is safe for me to shine.

I know what it feels like to feel safe in my own home.

I know how to receive love easily.

I am worthy of the Creator's love.

I am deserving of the Creator's love.

I know how to live my life without confrontation.

I know how to accept others for who they are.

I know how to allow myself to have fun.

I know how to live my day to day life without the need to be miserable.

Disclaimer

Though I personally have experienced amazing results from my Thetahealing treatments, I am making no claims that you will have the same results. It is important to realize that Thetahealing as well as, other energy techniques used on your body, should not be used as substitutes for professional traditional medical treatment. It is also very important to continue with your traditional medical treatments with your doctors while receiving energy techniques to help the body shift and balance to a greater feeling of well-being.

Most of these beliefs are listed in the book "Healer's Wisdom" with permission from the author Valeria Moore.