

# “Connect to Your Wellness”

## Beliefs of the Bones

Below is a list of beliefs that may be stored in your body that may be causing an instability in your bones.

I know what it feels like to be loved by the Creator.

I know what the Creator's love feels like.

I know how to receive the Creator's love.

I know how to live my life without the need to be a martyr.

I know how to live my day- to- day life without the need to suffer.

I know how to live my life without sacrificing my happiness for the sake of others.

I know what it feels like to have balance in my life.

I know what the Creator's definition is of money.

I have a vow of poverty negatively affecting my body.

I know how to move forward with my life without the fear.

I know how to live my life without fear of my financial future.

### Disclaimer

Though I personally have experienced amazing results from my Thetahealing treatments, I am making no claims that you will have the same results. It is important to realize that Thetahealing as well as, other energy techniques used on your body, should not be used as substitutes for professional traditional medical treatment. It is also very important to continue with your traditional medical treatments with your doctors while receiving energy techniques to help the body shift and balance to a greater feeling of well-being.

Most of these beliefs are listed in the book "Healer's Wisdom" with permission from the author Valeria Moore.