

“Connect to Your Wellness”

Beliefs of the Brain

Below is a list of beliefs that may be stored in your body that may be causing an imbalance in the flow of energy involving the brain.

I know how to take action.

I know what action to take.

It is safe for me to take action.

I know that it is possible to allow love into my life.

I know how to receive a healing without resistance.

I am worthy of receiving a healing.

I deserve to be healed and balanced within my mind, body and spirit.

I know what it feels like to live without the pain.

I need to be in pain in order to be close to God.

I know what it feels like to accept help from others without feeling weak.

Disclaimer

Though I personally have experienced amazing results from my Thetahealing treatments, I am making no claims that you will have the same results. It is important to realize that Thetahealing as well as, other energy techniques used on your body, should not be used as substitutes for professional traditional medical treatment. It is also very important to continue with your traditional medical treatments with your doctors while receiving energy techniques to help the body shift and balance to a greater feeling of well-being.

Most of these beliefs are listed in the book "Healer's Wisdom" with permission from the author Valeria Moore.