

“Connect To Your Wellness”

Beliefs of The Sexual System

Below is a list of beliefs that may be stored in your body that may be causing an imbalance in the flow of energy involving the sexual system.

I know what it feels like to be intimate.

I know how to be intimate and feel safe.

I know how to experience loving, caring feelings from my mate while being intimate.

I know what it feels like to be nurtured.

I know how to nurture myself free of guilt.

I deserve to be nurtured.

I am worthy of nurturing myself.

I know what it feels like to be listened to completely.

I know what it feels like to be listened to completely by mate.

I know what it feels like to be heard.

Disclaimer

Though I personally have experienced amazing results from my Thetahealing treatments, I am making no claims that you will have the same results. It is important to realize that Thetahealing as well as, other energy techniques used on your body, should not be used as substitutes for professional traditional medical treatment. It is also very important to continue with your traditional medical treatments with your doctors while receiving energy techniques to help the body shift and balance to a greater feeling of well-being.

Most of these beliefs are listed in the book "Healer's Wisdom" with permission from the author Valeria Moore.